

# Riverside Childcare Ltd

## Newsletter - Poppy Seeds

### Winter 21/22



#### Health & Wellbeing

During Winter we have been....

- Developing our knowledge of how to stay healthy by discussing the role of a dentist as part of our people who help us project. We learned the importance of oral hygiene and used our imagination to role play being dentists.
- Focusing on people who help us and have explored the role of a firefighter and what to do if a fire ignited and who we should call in an emergency.
- Learning how to care for others; many of us have become siblings therefore we learned how to care for babies by practicing washing the babies, changing their nappies, dressing them and learning about their daily routines.
- Discussing healthy and unhealthy foods and the impact these can have on our teeth/bodies. We introduced a water bottle station to encourage the Seeds to keep hydrated.

#### Numeracy and Literacy

During Winter we have been....

- Focusing on people who help us and changed our room into a dentists office with a numeracy wall of teeth. During role play we developed our literacy skills as we used the patients information sheets to write about our their personal details.
- Enhancing our areas of the playroom and introduced a literacy area with song spoons and rhyme pictures.
- Developing our numeracy and social skills while learning the song '5 Little Firefighters' and developed our number recognition through our fire fighter number line.
- Promoting self-help skills and early literacy by labelling and using real images on all boxes and storage within the room to encourage all Poppy Seeds to tidy after play.

#### Creativity, Enquiry and Curiosity

During Winter we have been;

- Developing our loose parts wall into a sensory wall where we developed our curiosity through exploring resources such as sensory balls, carpet cut outs and sensory fish.
- Enhancing our fine motor and hand eye coordination through the use of hammers and saws to dismantle our old home corner kitchen in preparation for the arrival of our new kitchen. Since then we have had many experiences in our new kitchen with real foods and waterplay.
- Investigating the changes to weather and participate in a science experiment to create their own rainbow.

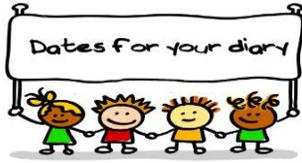
#### Relationships

We have welcomed new children into the Poppy Seeds this season. Relationships are essential to a young child's health and wellbeing and within the Poppy Seeds we ensure everyone is welcomed into a safe, secure, loving environment, Building strong bonds with keyworkers to offer reassurance, security and continuity to each individual child.

The Poppy Seeds have also formed good relationships with each other and are developing their knowledge of how we can help and support others and learning about their own space and how to speak to their friends when they don't want to do something. We have also learned the importance of caring for living things including our gerbils 'Jack & Victor'.



# Nursery Information



21/2/22- 6/3/22: Fairtrade Fortnight  
1/2/22: Pancake Day  
4/3/22: World Book Day  
27/3/22: Mother's Day  
4/4/22- 18/4/22- Schools closed- Nursery Class children off & return 19/4/22  
2/5/22: Schools closed- Nursery class children off  
5/5/22: schools closed- Nursery class children off

## Employee/ Apprentice of the Year 2021

Apprentice of the Year 2021: Jenna  
4<sup>th</sup> place runner up Employee of the Year: Kirsty  
3<sup>rd</sup> place runner up Employee of the Year: Stacey  
2<sup>nd</sup> place runner up Employee of the Year: Gillian (Jolly)  
Employee of the Year 2021: Ashleigh



**A huge big thank you to everyone that voted !!!**

## Committee Information

### Charities/ Events

#### Robert Burns Day

On 25<sup>th</sup> January 2022 all rooms celebrated Robert Burns day with the children learning a range of rhymes/ poems including 'Behold the Hour the Boat Arrives', 'Wren's Nest' and 'Red Red Rose'

The children participated in a range of experiences such as designing their own statues using playdough, tartan painting and tasting some yummy Scottish food at lunch time.

#### Chinese New Year

It is the Year of the Tiger and all rooms have been participating in a range of experiences such as investigating Chinese letters and numbers and developing early mark making skills while creating their own Chinese writing. The children have also been enhancing their fine motor movements by learning how to use chopsticks to lift and eat food and explored the Chinese symbol for Tiger.

#### Valentine's Day

The children enhanced their creativity skills as they made their own choices to design cards for their loved ones and participated in a range of tuff tray experiences relating to valentines day which included frozen hearts, various sizes and shaped petals and a range of bottles for making 'love potions'.

#### Eco

We have been investigating ways to 'reuse' items and the Snowdrops have been using recycled cardboard tubes to create a pom pom drop experience and used recycled paper balls for an activity called 'snowball rescue'. Our Thistles have focused greatly on eco issues and global warming and how we can all help to save the planet. They discussed what the COP 26 summit was about and its importance for future generations.

#### Citizenship

We have been developing knowledge of the world around us and changes which occur in Winter. Some of the rooms have been helping to care for nature by creating bird feeders to hang outdoors for the wildlife and have been observing the birds which came to visit us as part of the Big Garden Bird Watch.

### Christmas Appeals

A huge big thank you to everyone that kindly donated to the Food Bank. During December all collections were taken to East Dunbartonshire Foodbank and they were delighted with the amount we were able to provide for local families in need.



We would also like to thank everyone that participated in our annual Christmas Jumper Week. Overall we raised a total of £260 for cash for kids.



### Facebook

We would like to remind everyone that each room has their own private Facebook groups where they share photos over the week of the children's learning experiences (children are only displayed on this page if they have parents/ family members within the group).

Should you wish to join the private Facebook group relevant to your child's room please email the nursery directly and identify who you would like to add to the group. Please note there is a maximum of 4 people per family allowed access.



### Some requests

#### Outdoor play

As the weather is beginning to improve we are hoping for a good summer and will begin preparing our sun cream plans shortly. Can all parents please ensure that their children come fully prepared for all weathers e.g. sunhat/ winter hat, wellies, waterproof etc. These should be in a named bag and remain in the nursery for all days within the week. **Please refer to Recovery plan.**

#### Spare Clothes

Please can you ensure that your child has a minimum of 2 full changes of clothes in their named bag, should you believe your child may need more than 2 changes please provide these. We no longer have any 'spare' clothes which children can borrow should this be required. **If your child does not have a change of clothing we will need to contact you in order to obtain clothing. Please refer to Recovery plan.**

#### Children's toys/comforters

To minimise risks, children cannot bring toys from home at this time, however we will still accept comforters. If a child has a blanket, then we ask that the parent provides a duplicate which remains in nursery or that a named plastic container/named plastic bag which can be fully sealed, is provide for this to be stored in when not in use. Please ensure that any personal comforters etc. are washed on a regular basis. **Please refer to Recovery plan.**